



Introduction to Attachment Theory

Training Dates

Saturdays | 1:30–4:30 pm
Dec. 5 & Dec. 12, 2026

Attendance at both sessions is required.

Facilitator

Cathy Tsao

Location

WestEd
Boardroom (China Bay), 5th Fl..
730 Harrison St.
SF, CA 94107

Hosted by

San Francisco Quality Connections at
WestEd, funded by the San Francisco
Department of Early Childhood (DEC)

For more Information

contact sfqc@wested.org

About this Series

This two-part training series provides an introduction to attachment theory and explores the importance of early relationship quality for infants and toddlers.

Objectives

- Understand the basics of attachment theory and why it matters for infants and toddlers
- Explore how educators can serve as a secure base for exploration
- Discuss strategies for centering children's attachment needs in daily program practices

Meets the SF Early Learning for All requirement for six hours of professional development on child development/learning foundations (0-5 years, infant/toddler development).



To Register

Scan the QR code below or visit:

introtoattachment2026eng.eventbrite.com

This series is made possible thanks to:



San Francisco Department of
Early Childhood

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